

Title:

Year Group: 2

Term: Summer 2

Vocabulary you will know...

behaviour	The way you act.
emotions	The way you feel.
managing emotions	Keeping something to yourself.
positive	A good emotion
changes	Some that becomes different.
health	How well your body and mind are.
wellbeing	Feeling happy and positive.



Feelings Chart



Key Learning

I know that feelings can affect the way we think, feel and **behave**.

I know how I can share **feelings**.

I know ways to **manage** big **emotions**

I know when I need help and understand how to ask for help.

I can explore ways to manage difficult situations.

I can explain how people's needs change as they grow from young to old.

I can explain **positive** ways of preparing to move to a new class/year group

I know how to look after my **health** and **wellbeing** when things change.

